

**ADOPTION SUPPORT NEWSLETTER**

FEBRUARY, 2012

**Adoption Support Line**

**305-496-5098**

***COMMUNICATION***

I think we all find in today’s world communication is the **key** to everything and yet it is something that doesn’t happen at times. We have so many avenues to communicate but sometimes we forget to update our phone numbers or email address and then all of a sudden we don’t hear from anyone! Here is another communication tool Our Kids has set up for you to get answers:

[Adoptionpayments@ourkids.us](mailto:Adoptionpayments@ourkids.us)

So very simple? Please lock this into your computers, phones and ipads so when you have a payment question just send an email to get the answer.

***NEWSLETTERS***

In an effort to have better communication sometimes we confuse you...yes we do! You may be receiving three monthly newsletters at this time. One, this one is for pre-adoptive, adoptive and post-adoptive services. So, if your focus is adoption you should find important information here.

A second is the Miami Dade County Foster Adoptive Parent Association (MDCFAPA). In this newsletter you will find many exciting events and information pertaining to foster and adoptive families. To provide these activities you are asked to join MDCFAPA yearly and pay dues of \$15 per year. This is an Association and they have meetings presently three times a month in three difference locations.

The third newsletter is from the South Dade Foster Adoptive Parent Association (SDFAPA) which meets in South Dade by Baptist Hospital. They meet every other month and their dues are also \$15 per year. At this time they are organizing a Hispanic Association that will meet every other month on the second Saturday from 10 am – noon. The first meeting is: SATURDAY, FEBRUARY 18, 2012.

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***OUR KIDS ANNUAL CONFERENCE***

***SATURDAY, APRIL 28, 2012***

MIAMI MARRIOTT BISCAYNE BAY

1633 N. BAYSHORE DR., 33132

[www.ourkids.org](http://www.ourkids.org)

Registration will be open online soon. There will be child care for children 4-14. They will be going to the Museum of Science and Bird Bowl, where they will also have lunch! Please watch for the registration as children’s registration is on a first come basis.

Workshops for foster and adoptive parents will include, summer camps, Quality Parenting Initiative, IT using a computer, Behavior modification, post adoption support, From Place to Place teen homes, co-parenting and much more!

# Parenting Tips & Resources on Facebook

Facebook: Older Child Adoption Support.

Change one thing! If you have a situation with your child that often gets off-track, try and change one thing and see what happens. For example, if clearing the table is a problem, and you usual remind your child while standing up, try sitting down, or saying it while you touch your child's arm. Or, if your child usually argues about bedtime, and you usual give your child a 5-minute warning, give a 6-minute warning. Or, if you and your child often argue about money in the car, only talk about money when you go on a walk together. Therapist William O'Hanlon suggests that sometimes changing just one thing can change the whole dynamic of a situation. Try it!

## Ask Questions All the Time!

Asking your child questions has a multitude of uses and benefits. It can lessen the potential for arguing. It can help them learn from their actions. It can give them new ways to think about themselves, and much more. However, parents sometimes can't think of the right questions, in the midst of day to day parenting, or just aren't sure how questioning works.

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### ***ADOPTION SUPPORT GROUPS***

FEBRUARY 8, 2012 – 21731 SW 97 Ct. – 10 am to noon

FEBRUARY 11, 2012 – 760 NW 96 St., 33142 – 10 am to noon

FEBRUARY 25, 2012 – 8701 SW 124 St. (2nd driveway from 87 Ave.) – 10 am to noon

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### **F. A. S. T.**

### **FOSTER (ADOPTIVE) ALLEGATION SUPPORT TEAM**

Anyone is open to having an abuse allegation. Yes, even adoptive parents! If life seems to be getting out of control or going in a difficult direction... please call the ADOPTION SUPPORT LINE at 305-496-5098.

If you have a Protective Investigator arrive at your home with an allegation, stay calm, focused, and tell them the truth. Then contact the FAST Hotline for support.

**1-800-327-9118**